

## **MEDICAZIONI A BASE DI MIELE PER LE ULCERE VENOSE CRONICHE**

Non sono rari i pazienti con ulcere venose croniche recalcitranti alla guarigione. In questo lavoro pubblicato sul *J Wound Care* 2004;13:193-7, vengono riportati i dati di uno studio controllato su una medicazione a base di miele d'ape che ha superato l'usual care in un trial di 2 settimane. L'uso del miele nelle ferite e nelle infezioni cutanee è diffuso nelle culture sudamericane e africane. Il meccanismo d'azione sembra risiedere nella sua elevata capacità igroscopica oltre che a proprietà intrinseche.

### **Acceptability to patients of a honey dressing for non-healing venous leg ulcers.**

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**OBJECTIVES:** This four-centre feasibility study was undertaken to determine whether Medihoney, a proprietary blend of honeys, is an acceptable treatment for patients with leg ulcers in terms of pain relief, odour control and overall patient satisfaction. **METHOD:** Forty patients whose leg ulcers had not responded to 12 weeks of compression therapy were recruited. Medihoney dressings were applied on their ulcers for the 12-week study period. All other aspects of their care, including the use of compression bandaging, remained unchanged. Their leg ulcers were assessed every two weeks. This included the use of a patient questionnaire. **RESULTS:** Overall, ulcer pain and size decreased significantly and odorous wounds were deodorised promptly. This had a positive impact on patient satisfaction with the Medihoney treatment. **CONCLUSION:** The results support the previously reported positive effects of honey and revealed a high patient acceptance for this treatment. Following these results, comparative clinical trials, which should also consider pain, are now recommended.